



CSL MASTERS TRIATHLON

Triathlon Specific Swim, Bike and Run

Come and join Cote St. Luc Aquatics with our Master Triathlon program. Our triathlon swim specific sessions will help you be more efficient in the water and shave off those minutes off your swim next season. Use our bike and run sessions to gain additional fitness and get you ready for your first or your best triathlon performance in 2018!!



COME TRY OUR
SWIM PROGRAM

DON'T BE SHY COME
TRY IT OUT FOR A
FEW SESSIONS!

SWIM ONLY
OR
SWIM, BIKE AND
RUN WITH US!!

TRAIN AS A GROUP!!

ACCESS LEVEL II
AND LEVEL III NCCP
TRIATHLON
COACHING

CSL AQUATICS

5794 Parkhaven
Cote Saint-Luc
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For more info:

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